

MagPop!

Fun tangy **fizz** with the magnesium your body needs!

Tangy Orange flavour



Orange Naturals MagPop! is an effervescent magnesium glycinate supplement that gives your body 100mg of one of nature's most multi-tasking minerals in each

single-serve packet. Magnesium glycinate, a superior form of magnesium, fuels enzymes that are used in over 300 different chemical reactions to build proteins, synthesize DNA, strengthen bones, regulate cholesterol, activate muscles, conduct nerve impulses and regulate heart rhythm - and that's only a fraction of what it can do!

Magnesium even acts as a power source, igniting trillions of cells to biologically activate adenosine triphosphate, an energy-bearing molecule that fuels many chemical and mechanical activities.

You would think that your daily magnesium needs could be filled by plant-rich foods alone. The truth is, though magnesium is a common mineral found in our soil and absorbed into our crops, concentrations aren't as dense as they once were. Intensive farming methods have made our soil magnesium poor. Less magnesium in our soil means less in our food and less in our bodies, where we need it most.

In some cases, your body will tell you loud and clear if you're magnesium deficient - whether it is fatigue, low energy, agitation, anxiety, restless legs, headaches, irritability, cramping or low blood pressure. But it is possible not to experience any symptoms at all, and that's a concern. You could be magnesium deficient and not even know it.

Children can benefit from a daily magnesium supplement, too. Most often, their diets are lacking in leafy greens, vegetables, whole grains and nuts. Magnesium is important for growing bodies because it maintains bone health, muscle and nerve function. It also helps to regulate mood, sleep patterns and promote regular bowel health.

Orange Naturals MagPop! is a quick and easy way to get 100 mg of pure magnesium glycinate plus 325 mg of Vitamin C and electrolytes for added antioxidant and energy support - simply tear open a premeasured packet, add water, wait for the fizz and drink! Great for adults and kids ages four and up.

Medicinal ingredients



Each packet contains:

Magnesium (magnesium glycinate) ... 100mg

Vitamin C (ascorbic acid) 325mg



Vegan



Soy free



Gluten free



Nut free



Sugar free



No artificial
colours & flavours

Directions: Empty contents into a glass and add 150 to 250ml of water, or to taste. Watch the fizz and enjoy! Age 9 years and up: take 1 packet, 1 to 2 times per day. Children age 4-8 years: take 1 packet daily.

Suggested use: Age 9 years and up: take 1 packet, 1 to 2 times per day. Children age 4-8 years: take 1 packet daily. Discontinue use if hypersensitivity (e.g. contact dermatitis) occurs.

Non medicinal ingredients: citric acid, tartaric acid, sodium bicarbonate,* calcium carbonate,* potassium carbonate,* stevia, xylitol, tapioca maltodextrin, quercetin, beta-carotene, orange juice powder, natural orange flavour.

*Provides electrolytes.

Also available from Orange Naturals



Magnesium
Glycinate Powder



Magnesium
Glycinate 200
Capsule



Magnesium
Glycinate 180
Capsule